

What is Care Coordination?

Care coordinators spend their days bridging gaps and connecting people, not machines. This type of work requires massive amounts of outreach, member tracking and detailed note-taking.

This course outlines the basic [bha fpx 4008 assessment 2 financial statement analysis](#) that is often used to accomplish care coordination, and also describes specific care coordination activities. This information can be valuable for those looking to better understand this approach to healthcare.

Patient-Centered Care Planning

Effective care coordination requires thorough information about a patient, including their medical history and current symptoms. It also requires identifying a patient's goals, values and treatment preferences. Providing actionable information helps patients take an active role in their own healthcare, which improves outcomes and reduces costs over time.

COMMUNICATION AND TRUST: Care coordinators build rapport with patients and their families, often acting as patient advocates. They work to help [NURS FPX 4050 Assessment 3 Care Coordination Presentation](#) all members of the family understand a patient's diagnosis and treatment plan and set realistic expectations.

In post-acute/long-term care settings, care coordinators help patients navigate the transition from one level of care to another. This may involve helping them find housing, referring them to social workers or supporting them in setting health goals. They also monitor the effectiveness of a patient's therapy and support services.

Identifying Needs

The core of care coordination lies in identifying the needs of the patient. Care coordinators connect with high-risk individuals to uncover and identify these needs in a patient-centered way.

This is done through conducting assessments, ensuring that the patient has access to their medical records, arranging appointments and communicating [nurs fpx 6021 assessment 2 change strategy and implementation](#) other healthcare providers. They also work closely with the patient and their families to find ways to address their needs.

A care coordinator may be an experienced nurse or a social worker but it is important that they have the right skills to work in this role. They are not meant to replace doctors or nurses but can support them and help provide a seamless healthcare experience for the patient. They need to understand the broader social determinants of health as well as the clinical aspects of the patients' conditions.

Developing a Care Plan

Creating a care plan requires massive amounts of collaboration, data sharing, member tracking and detail-oriented note-taking. This is work that is done by people

who are in a position to do it well but are often hindered by organizational limitations and a lack of digital tools that can help them meet performance metrics.

The goal of care coordination is to connect patients and caregivers to the right people at the right time, and provide them with the resources they need to get [POLI 330N Week 7 Assignment Final Project Policy Issue](#). This is accomplished by developing a care plan that clearly articulates patient needs, goals and expectations.

Current healthcare systems are often disjointed, with processes varying between sites, especially primary care and specialty care. Care coordination can eliminate this problem by linking systems and providing a smoother, more seamless experience for patients.

Implementing a Care Plan

A care plan is a core element of integrated care coordination. It should be a patient-centered assessment that covers all relevant healthcare needs, including physical, mental, and cognitive health goals. It can also help identify any barriers that your patients may face, like a lack of affordable housing or transportation.

This is a critical step in addressing the social determinants of health for your population. In addition, it's a crucial aspect of meeting performance metrics that are [NR 504 Week 3 Reflective Essay](#) to value-based care. Providing effective patient education and facilitating communication between your team and your patients is also an important part of care coordination. It can also help you streamline your workflows and reduce costs. The goal is to provide high-quality, individualized care in a timely manner.

Monitoring a Care Plan

Care coordination can help ensure that a patient's healthcare needs are met across the continuum of services. This is particularly important during transitions between different providers or between acute and long-term care.

To do this, a healthcare facility must provide its patients and their support staff with clear, useful information about the next steps in the patient's medical treatment plan. This will not only reduce patient confusion but also help improve outcomes and efficiency.

Registered nurses have always been essential to providing coordinated care, but the new emphasis on this patient-centered model is drawing renewed attention to this core professional standard and competency. For instance, RNs often play a critical role in creating and documenting action plans for patients at discharge from the hospital or when arranging after-hours care arrangements.